

START WITH CELL PHONE IMAGE FULL SCREEN...QUICK CUTS TO CAM SHOOTING KIDS SHOOTING EACH OTHER WITH CELL PHONE

CUT IN AND OUT OF THE PHONE FULL SCREEN WITH HOMES INTERSPERCED...5 TO 10 FRAME EDITS...HOT, TO MUSIC. AND ALL THE WHILE REVEALING THE TEXT SO THAT THIS ENTIRE SEQUENCE TAKES ONLY THE TIME THAT THE ACTUAL AUDIO TAKES...IT CONTINUES BACK TO BACK WITH THE IMAGES OCCASIONALLY REVEALING SYNC SOUND BUT OFTEN THE HOMES AND PIECES OF THE WORDS TILL EACH MARKED TITLE IS FULL SCREEN FOR A FEW MOMENTS. AGAIN, CUTTING ON AND OFF.

CARLSBAD CELL INTERVIEWS

Mural Costilla-Gonzales:

"Because it is a hush hush issue, nobody really talks about it, its kind of a keep it in the closet kind of thing, nobody really wants to talk about it because it's personal issues."

TITLE

**NEW MEXICO MUTUAL GROUP  
YOUR INDEPENDENT INSURANCE AGENT  
NEW MEXICO DEPT. OF HEALTH**

QUICK CUTS HOUSES, PHONES, ETC.

TITLE

**In association with  
The Albuquerque Journal  
Cooperative Educational Services  
UNM Dept of Psychiatry  
Competitive Benefits Administrators  
UNM Communication and Journalism Dept.**

DONNY JONES CELL INTV.

Why there is a stigma against mental health is because people are embarrassed to...I guess, be embarrassed about being concerned about mental health...mental health and issue of embarrassment against the family and having everybody know that there is an issue out there.

TITLE

**SafeTeen New Mexico  
and  
Christopher Productions  
present**

MUSIC CONTINUES AS WE

CUT DIRECTLY TO

Classroom Discussion

ON FOLLOWING VISUAL, TAKE

TITLE FARMINGTON HIGH SCHOOL

STEVE NASH, TEACHER: What we are going to do, though, today, right now, very quickly is speak about mental health issues and why most people don't want to talk about it. Right? Because just a second ago, when I brought that issue up, you said, "well, that's something that we don't want to talk about." So my question is, why don't young people, as well as adults, why don't you want to talk about mental health issues?

Girl: Because... I don't know. It's just like... I don't want... if I had a mental problem I wouldn't want people to know about it.

TEACHER: And the question is why would you?

Girl: Because it's personal. You don't want anybody else to know that you have a problem with your brain or anything.

CONTINUE CLASS ROOM DISCUSSION BUT  
OVER NEXT SEQUENCE MIMIC THE OPEN ON PAGE ONE AS WE  
INTERSPERCE THE SYNC VISUALS WITH HOMES AND PARTS OF THE  
TITLE CARD, CONTINUE THIS TO THE TITLE BELOW

Girl: Because people at high school don't like people that are different. Like... and people think if they have a disability or something then they're different but...

TEACHER: So what's the difference, though, between having... cancer or a stomach ailment or... what are some other diseases?

Girl: Those are things that can be cured.

TEACHER: And so you're telling me that mental health issues, if you have a mental health issue, it can't be cured?

Girl: It can be but it's not as... it's more embarrassing and it's not as... normal. Like... having like a stomach problem, that's acceptable in society.

TEACHER: But can't mental health... can depression, for example, can depression be cured just like a stomach ailment can? Can you go to the doctor and get help and overcome that?

TITLE CARD FULL FOR A FEW MOMENTS, CONTINUE CLASSROOM AUDIO  
**“NOT IN MY FAMILY”**

CUT TO

Boy: There’s still stigma attached to it. You have this whole thing about how people decide that most mental health issues are an internal-based thing. They’re not something caused by a bug getting into you, it’s because you decide you’re so sad or you’re depressed because you have a bad day. They don’t accept it as a true illness. They still see it as something that is self-caused and oh, it looks like you’re just deciding to be this way. And so there’s a big stigma attached to it there which is why we all feel that we can’t go and get help for it because it’s ourselves causing the problems.

MIDWAY THROUGH PREVIOUS BITE....CUTTING TO KIDS FACES IN CLASSROOM...  
THEN TO

HOT CUTS WITH HOUSES AGAIN AS BEFORE

COVER OF KIDS INTERVIEWING EACH OTHER ON CELL PHONES...

DAMIAN CAPELLO CELL

Someone whose not all there, someone who is slower than the rest of everybody. Yeah, I guess most of them anyway.

TIFFANY YAZZIE CELL

People are afraid to talk about these issues because they’re scared or they have no one to talk to.

RAELYNN FAHS CELL

Because people never talk about it and whenever they do, people just kinda judge them on it.

DIANNA PILCHER CELL

And then when you really start to like think about it, it’s like it’s everywhere and a lot of people have it.

MUSIC ENDS AND WE HAVE  
FULL SYNC SOUND

GEORGE DAVIS, MD

I would say that the majority of people that we will talk to have all experienced mental health issues, in their family or personally, at some point in their life, because it’s so completely common

**BRING ON THE WORD “COMMON”**

statistically but also it's part of the human condition. It's part of the things that we experience when we have either loss or tragedy or job problems or relationship problems. Those are things that lead to depression, anxiety and adjustment problems. And so who goes through life without having those kinds of issues? It's so common that it's part of a human condition.

CUT TO:

KIM SLUSSER

I was 13 when I first noticed that something was wrong. I realized I was a little bit more sad than the rest of my friends.

TAKE TITLE KIM SLUSSER

When one of our friends died I was the hardest hit I took it the worst. And that was the first time I realized.

JESSICA HERRERA

I was probably about, probably say about 14, 13, 14.

TAKE TITLE JESSICA HERRERA

when I was home by myself I was always in bed, I don't want to get up, I just felt lazy, I felt just mainly that nauseous feeling.

FRANK HALEY

. I just thought he was a normal kid, you know, he's just growing from a child into a teenager and aren't teenagers supposed to act weird?

TAKE TITLE FRANK HALEY

I mean, they're all kind of goofy and ours was just a little goofier.

CUT TO CLASSROOM

TEACHER: Most of you are saying that there are some things that are private and that you don't want to bring out into the open. But would you talk to your parents about mental health issues? Would you talk to your parents about being depressed?

Boy: Never. I would never go to my parents and tell them, oh, I am depressed right now. It's a trust thing as a teenager you're naturally rebelling against and if you go up and tell them, oh, I'm depressed or I think I might have some type of mental health problem, that's more trust than most teenagers are going to put on their parents right. I know I wouldn't. I don't talk with my parents about my feelings hardly ever. They have to come and ask me about them and still I won't

give them much on it. It's... especially a mental health issue. That's something I don't want to admit to my parents and showing them, oh look, I'm not perfect.

NAT SOUND OF COFFEE SHOP. IMAGE OF STREET

TITLE FARMINGTON

TAKE VISUAL WALK IN TO COFFEE SHOP AND UP TO KAYTE AS WE HEAR

TITLE KAYT GUTIERREZ

My first suicide attempt, my first serious suicide attempt was at 11 years old. And so I was in elementary school, the last year of elementary school. And... yea, that was... that was definitely serious.

TAKE FULL SYNC SOUND

So then I went through high school and, you know, I did the drug... did lots and lots of drugs and I did... went to school, did fairly normal things, and it'd be off and on, and off and on, and I didn't see it as depression. I just saw it as, you know, adolescence I guess, or you know, just being a normal kid trying to figure out how things are going but I self medicated with drugs.

TAKE COVER FROM KAYT GETTING COFFEE ETC.

KATIE PG. 3 MIDDLE TAPE 1

You know, it's really hard to be able to say, you know, there's something wrong with me. There's something different. I am not normal. When normal is what, especially teenagers, are looking to be, you know. So the very first one you have to deal with is yourself. And the stigma you put on yourself... in keeping quiet. You know, you'll go to great lengths to not reveal anything because it means that you're different and out of whack with society and with your friends.

IMAGE DRIVING IN TO SONIC

CUT TO

KIM

I didn't talk to anybody about it because I felt I had to deal with everything on my own and that I was weak if I did go and tell somebody about it. So I tried to handle it on my own.

TITLE KIM SLUSSER

KIM

I didn't tell people because... I... I didn't know how they would react. I didn't want them to feel sad like I did. And when I started cutting I didn't want them to know, because I knew it wasn't right and I didn't want them to look at me differently. So I didn't ... I didn't talk to people just because I wanted things to stay the same. And I didn't want their opinions of me to change.

LYNN ABEYTA, PhD

you want to be like all of your friends, you want to be cool, you want to be accepted, be popular, and you just want to be ok, you don't want to have feel these awful feelings inside, you just want things to be normal.

KIM

Just the stereotypes that go along with depression made me think that it would all change. The... the stereotypes of if... if you're sad or if you're cutting you're crazy and I knew I wasn't crazy. And I didn't want anybody else to think I was.

LYNN

I think the root of a child's fear, an adolescent's fear may be that one they don't know what it means to have this problem so if the child is depressed or anxious or has another disorder like schizophrenia they really don't know what that means and they don't know what the progression will look like, they don't know if they will ever get better so they might be really afraid just because they think that it could be really, really bad and they don't know that there's help for them.

they just don't want to have to be different from friends and so I think we really need to educate kids on what it means to have a mental illness and what the treatment might be.

KIM

And it took three years before I decided I needed help and I decided that after I attempted suicide. And after being in the hospital for a week and not knowing if I was going to go home right after that, is when I realized I needed help and that was the first step to telling people how I felt.

HOT MUSIC AND HOME SEQUENCE, TIME LAPSE OF HOME CUT WITH  
PHONE SEQUENCE

DONNY JONES CELL

When I think of mental health, I think of someone who is psycho.

DIANA PILCHER CELL

I just think of like a stereotypical person like a nuthouse, and like with the, the, yeah, straightjacket.

GEORGE DAVIS

, I know what many people think of when they think about mental health issues they think about the more severe disabling kind of varieties like say,

schizophrenia or bipolar disorder. They think of those as overwhelming, disabling and maybe even dangerous. And the fact is there's a broad range of all of those disorders. Almost all of them are treatable.

**BRING ON THE WORD "TREATABLE"**

All of them can be contained and controlled and the more severe disabling types of mental illness are... are quite rare.

CUT TO INSIDE COFFEE SHOP NATS AND V/O

KAYT

You know, if you have diabetes, you have to take your insulin and you have to do things for it. I happen to have a mental illness so I do things for that.

**BRING ON THE WORD "TREATABLE"**

I build a support system, I educate myself, you know, I take responsibility for the way I act. You know, these things are important to me. You know, and that's how I maintain my recovery. You know? And I'm, doing okay. [chuckle] You know?

CUT TO CLASSROOM

TEACHER What do you think? Can people... is depression something that's caused by the person themselves and they're the problem?

Boy: It's a combination of factors. It can actually be a chemical imbalance inside the brain, in which case, yea, you can't truly get over this by yourself.

CUT TO EXT. DOWNTOWN STREET...  
MOVING SHOT THROUGH TO WINDOW

TITLE ALBUQUERQUE

STEVE A

It's very important to be able to identify kids early that have mental health issues. Research from this year is really showing that half of all mental illnesses really start by the age of 14. And if in fact that's the case, it becomes that much more critical to identify kids early that have problems, to be able to keep them on track in school, to be able to help them have good social skills, to be able to get along well at home and other kinds of settings

CUT TO INTERIOR OF COFFEE SHOP

STEVE A

in fact people often don't seek treatment for their mental health issue often, on an average, for 8 to 10 years after they've started having symptoms or problems and that was particularly a longer time for children because they have a hard time explaining to people what's going on, because they don't understand it,

often parents don't have a sense of what their child is struggling with so they don't know that some help is needed.

GEORGE D

Parents will very seldom come to a doctor with a complaint that their child is either depressed or anxious or with a mental health complaint of any kind. Usually they will come saying that their child is having behavior problems or school or social problems, emotional or mood issues.

TAKE VOLLEYBALL WARM UP FOR GAME

TITLE LAGUNA

JESSICA H

What am I doing this year? I'm just trying to hold up academically and I'm playing a little volleyball right now. Varsity volleyball, it's pretty cool.

TAKE TITLE: JESSICA HERRERA

JESSICA

but towards the end of my eighth grade year a couple weeks before my completion when I really noticed something I just felt like staying home, I felt like sick, nauseous and anxiety,

WILL HERRERA, FATHER

. It started to... impact her. So, of course, we were very concerned and thought, well, maybe it's a growing thing, you know, at that age maybe it's hormones,

JESSICA

for weeks I mean I wouldn't go out of the house, that was the thing I don't know why I wouldn't go out of the house, that's just like a real, real confusion like there, just that stepping out even to the front porch I wouldn't do that I would just stay inside, all the curtains were closed all the all the lights were off, I'd be watching TV by myself and I would just be like hidden from everything.

JESSICA

They said it was anxiety and depression.

WILL HERRERA

and it even got to that point where we would go have family dinners, we want to go into town to see a movie and she says, can I just stay home with grandmother? And you know, I'll be okay. I just don't feel like traveling or going



JESSICA

, I really wanted to be in school, I really wanted to join sports, I'm more athletic, I like to play volleyball, basketball, baseball and everything.

WILL HERRERA

..., we started to do some research. You know, the internet is very helpful in picking a topic, getting some information. We also started to have... people that we didn't know had similar experiences. One of my wife's, you know, co-workers mentioned that, you know, in her children that she had experienced those same kind of situations. And so she said, it's common in people.

**BRING IN WORD "COMMON"**

And then ... my two brothers, they knew of people that had also experienced that. And they said, it is common. It's more common than people think. And it just doesn't impact children, you know, students, it impacts adults

JESSICA

I'm still working through it, it's pretty much gone I feel like I'm between 90 and, probably 98% better which is more than how I was feeling like earlier on in the year

WILL HERRERA

She's in the regular school program, she's playing varsity volleyball and she's doing well and we see her laughing and smiling

JESSICA

most of my friends and most everybody knows about it and I they support me through it cuz they know I'm still not fully recovered but I'm getting close they said they said they can really see an improvement in me and that they just really happy for me that I'm attending classes and having not to get up in the middle of class and run to the restroom to like throw up or something.

WILL HERRERA

You kind of have to take ownership as a family

**BRING IN WORDS "IN MY FAMILY"**

in order to kind of help that one individual and I think to me that's kind of something I... I believe in that, you know, when somebody's hurt in your family, you kind of... try to... you need to take ownership because you need to all help and support and so I think that's key in part of that and... and I would just say that people need to have a lot of patience and... and a lot of hope that, you know... miracles do happen and things can be overcome but we got to also have faith and belief that, you know, it will. It will be better.

TAKE SHOTS OF END OF GAME, JESSICA AND DAD HUGGING IN CROWD

V/O THEN FULL SYNC

KIM

My family. They never stopped loving me, even when I made it absolutely impossible to love me, they never stopped loving me

**BRING IN WORDS "IN MY FAMILY"**

and they always kept telling me, you can beat this, you can continue, and when I have bad days now, they continue to tell me that.

NAT SOUND WATER AND TREES (SUSIE JOHN COVER) THEN TO

SUSIE JOHN, MD

It is important that we, as parents and grandparents, that we recognize when our children are in trouble, when they need some mental health... assistance, mental health help. many times it's more than being a teen.

It's important that there be recognition of mental illness of kids perhaps in the classroom or in the community because kids are about learning. They should be learning new things. And any distraction, mental illness, mental conditions, that distract them from learning, keeps them behind and not being able to learn.

TAKE COVER OF JESSICA AT VOLLEYBALL GAME

So it's important for that reason. It's also important so that they can reach full potential of who they can be.

CUT TO CLASSROOM

TEACHER: Is there a difference, though, between having something wrong with your brain, versus your heart, versus your liver, versus your lungs?

Girl: No.

TEACHER: Then why is it okay for us to talk about our heart, our liver and our lungs but it's not okay to talk about illnesses that we have with our brain?

BOY: There is a difference because people don't understand the mind nearly as much as they understand like the heart or your liver or like if I get a scratch, I'm going to know that like I got a scratch, but like if you don't know why you're depressed all of a sudden then... I don't know. People are afraid of what they don't know.

CUT BACK AND FORTH FROM CLASSROOM TO

STEVE A

there's this real fear that when... when you can't trust what your brain is telling you, what can you trust? When you can't trust your environmental cues, you know, there's a real fear of responding inappropriately, doing something that will be shaming, when you can't trust the ideas that are in your head, then you really have no control over yourself or over... or over your world. I think it becomes very scary when you're... when you can't trust your own environment, when you

can't trust what's happening in your own head and how you might appear to other people when you really don't know how to interpret what you're doing.

GEORGE D

So that... whatever happens in your mind, your emotions, seems like you really own. It really belongs to you and if you can't control it, it's your fault. Whatever happens in your body seems like more of an accident, that you don't have control over. And therefore the blame comes in about mental health. If you... if it happens in your head, you own it, if it happens in your body, it's much more neutral and objective.

CLASSROOM

TEACHER: The one thing that bothers me, that really bothers me, is when you... to me you said, that people can control their depression, that it's just a big act, that they can snap out of it, that they can... you know, so, is that what you're saying to me? Can people control their depression.

TAKE MUSIC

CUT TO PIX OF NOAH HALEY...

TITLE           NOAH HALEY

V/O

FRANK HALEY

: Yea. I just thought he was a normal kid, you know, he's just growing from a child into a teenager and aren't teenagers supposed to act weird?

ALICE HALEY: ... it would resemble riding a roller coaster because there were times when he would just be so much fun and seemed happy and active and doing the things that normal kids do, and working hard to make good grades, and then he would plummet and he... and then he'd... there'd be bad behavior of... or unacceptable behavior.

ALICE

his behavior of course got worse and then at age 12 he was exposed to street drugs, marijuana, and that... yea, he started on marijuana at age 12.

CUT TO PIX OF NOAH AND  
STEVE ADELHIEM

, the fact of having both the mental health and the substance abuse problem at the same time, is something we're starting to see a lot of. And particularly for adolescents there's a great deal of linkage between having a mental health and a substance abuse issue.

ALICE: He was self medicating. That's what we were told later. Is that that's what he was doing. But we were just angry with him, and upset with him, and this is unacceptable and you know... Frank's term was always, you need to snap out of this. You know, you can't just behave... this is not acceptable behavior and...

FRANK; The furthest thing from my mind was that he had mental problems, a mental condition or something chemical that was causing him to act this way. I just thought that, hey, you're... you're being rude or you're acting inappropriately. Snap out of it. I mean, there were many times that I just felt that way and it took me a long time to realize that, well, he does have a mental issue here, we need to get him some help, some counseling, and some doctors need to check on him. And it took me a long time to come to the realization that... that there was help available for him and, you know, that he needed help.

ALICE

at age 14, when we took him to the psychiatrist, he was promptly diagnosed with bi-polar disorder. Or manic depressive disorder.

in a way I was relieved to know that there was a cause for his behavior. And... of course sad to know that he had a mental disorder. And... perhaps somewhat embarrassed by the fact that he had a mental disorder.

... it was a constant battle and... it make... it makes you very, very weary. Or very tired. You enjoy the times when he's well, ... But in the back of your mind, you know it's going to happen again. And, and you just brace yourself for it, the wave,

FRANK He was so frustrated with it himself, the treatment, the drugs, Feeling terrible, feeling good...and he attempted suicide at least three times that we knew of, before the final time when he died, you know. And we don't know how many other times he may have attempted. He was so frustrated and bummed out about the way he was.

ALICE and so I think that contributes to one getting to the place where they hate themselves.

END MUSIC WITH PIX OF NOAH FISHING

NEW MUSIC

TAKE CELL PHONE SEQUENCE WITH HOUSE IMAGES AS OPEN

ERNEST HERNANDEZ CELL

I think people are afraid to get their mental issues right because they're afraid that they won't like cause of the way the are///

DENNIS WILLIAMS CELL

It might bring up memories of their past if someone else has done it in their families

END SEQUENCE WITH TITLE **'IN MY FAMILY'**

LYNN PEDRAZA

When I talk about my children, people get uncomfortable. It's really... I sometimes find it rather interesting, even in the professional world, I've actually been told, Lynn I'm not comfortable with your mentioning those things about your children, or I'm not comfortable about talking... you talking about your children because it doesn't look good for you as a... as a professional and my answer is, I'm confused. Why doesn't it look good? Why are we hiding it? I mean, this is what I live with my children when they're having issues. We have ups and downs because of their mental illness, and I'm teaching my children to be a voice for themselves

STEVE A

because of this stigma, and because of the discomfort around being able to stand up in a... in a setting in the community and say, I have a mental health issue and I need help for it. The discomfort with doing that, the shame that goes with it, really is preventing a great deal of both direct care and advocacy in support for, you know, for dealing with this issue, which impacts one in five of our

BRING ON WORDS **"ONE IN FIVE"**

children, almost every one of our families,

BRING ON WORDS **"IN EVERY FAMILY"**

just like any other medical condition, but we really aren't comfortable facing it directly

GEORGE D

Most of the mental health and emotional issues that kids have is highly inheritable meaning their parents probably have experienced it, and if it's something like depression or anxiety, the chances are better than even that the parents have experienced the same kind of things in their own life. They're... they're highly transmissible and they have a very large genetic component that underlies... almost all mental illnesses but certainly anxiety, depression, the major mental illnesses and even ADHD, even attention and hyperactivity has a highly inheritable kind of basis to it.

FRANK: I had a cousin that committed suicide at about 30. And a lot of times, in our family, we never talked about mental illness. I mean, if someone was sick or had to go to an institution, you never talked about it. And I've... we've discovered that several relatives on both sides of the family have had some kind of issues with mental illness, alcoholism, so we feel like our boy got a double dose of a hereditary kind of thing, you know, and so maybe a family that... if you know there's some history back down the road then maybe you ought to take a little closer look at your children, keep an eye on them

JEAN HOWDEN, PARENTS OF BEHAVIORALLY DIFFERENT CHILDREN

a lot of the parents have grown up either in cultures or within families that feel that somehow mental illness means that you are not intelligent or that you should be able to pull it together, or that somehow you're not strong enough to withstand that, and so parents... since parents generally see their children as an extension of themselves, they feel that somehow this has to do with some sort of weakness either in their parenting or within themselves.

LYNN PEDRAZA

I just really, really push for advocating for the... for their family and teaching their child that it's not about them, it's about some neurobiological disorder, it's about...it's just like wearing glasses and contacts versus not being able to. It's just like having some physical ailment but that unfortunately for us, we tend to hide it.

GROUP DISCUSSION

personally I think about my dad said whenever we heard about people who were or if we talked about a family member that was depressed or having to deal with the mental illness there was so much shame and so much you know like this person should just be able to get over

TITLE: CLINICIANS MEETING, SCHOOL BASED HEALTH CENTER

and I think if you're a parent and your child is having those kind of issues you know the quick assumption is well you must have done something wrong or your child wouldn't be like this

GROUP DISCUSS

parents want somebody to help their child and they're not sure sometimes what to do and they're very, they feel sometimes helpless or worried or just of sort of not sure what to do and so they will supportive and they do want you to see their child and they often times just want them to be ok

GROUP DISCUSS

If a community leader is letting the community know that these are the services available and that our children have problems and they need help and it's ok we just need to get them the services that they deserve then I think parents are more willing to send their children and they're more willing to look at the issues and not be so maybe concerned or worried that we're not gonna do a good job with their children or that they're children are going to embarrass the family.

CUT TO NATS AND STREETS OF CARLSBAD... HOUSES

TITLE "CARLSBAD"

TITLE "SIX YOUTH SUICIDES IN SIX MONTHS"

HEAR V/O

BOB FORREST

. I went to the funerals, I watched those kids cry their hearts out and the funerals were packed. I mean, I've never seen so many people

NOEL CLARK

... it rocked our community and everybody was kind of struggling to figure out what role they could play in... in helping the kids out.

TAKE FULL SYNC SOUND

TITLE: NOEL CLARK, CARLSBAD SCHOOL BOARD

We wait too late. We utilize our resources too late in the lives of these kids, instead of teaching them to swim when they're third or fourth grade, we try to throw them a lifejacket when they're a freshman or sophomore. We need to teach them to swim.

TITLE: BOB FORREST, MAYOR CARLSBAD N.M.

BOB FORREST

. I'm just not one to put it underneath the rug and walk away from it. I think you got to expose it, get it out there and that isn't a problem. It just... it isn't and I think when you talk to these parents and they stand up in a group of people and tell their story, that if they'll do that, I'm certainly not bashful about it. And what they're trying to do is keep someone else from having to go through the same problem.

NOEL CLARK

One of the initiatives that I think has occurred as a result of this, is the school-based healthcare, and try to identify... have... have an access to prevention and early intervention services on campus at the schools, so that trained professionals can... can identify signs and symptoms and problems that... before they... before they reach the crisis state.

MUSIC STARTS FOR ENDING

BOB FORREST

This is a community problem. A mayor can't solve it, the chief of police can't solve it, the sheriff can't solve it. It takes everybody working together

STEVE A

... I believe it's very important for families to talk about these issues and it needs to happen across generations,

**BRING IN WORDS "IN EVERY FAMILY"**

it needs to happen not just within families but among different families as well. I think part of breaking down the stigma is being able to turn, not only within families for support and guidance, but to be able to turn to communities and get that support as well

SUSIE JOHN

... it's something we need to contend with as a community and I think if once more the communities can come together and say, okay, this all fits together, we need to take care of our youth, our children, this is what we need to do, I think we're moving in the right direction.

LYNN PEDRAZA

... these are your friends, this is your family and we need to just keep on reminding ourselves, and bringing it forth, that this is part of our physical health. It's part of health, and that we have to... it's just part of life and we need to just keep on supporting each other and not having it be hidden in the closet.

BOB FORREST

what's happening in Carlsbad, New Mexico isn't any different than Farmington or Clovis or Portales or Las Cruces. We all have the same problem. Some towns talk about it and some are more open than others but if you not have the problem, just wait long enough, it'll come.

MUSIC SWELLS

CUT TO VOLLEY BALL GAME NATS

V/O JESSICA'S POEM

INTERSPERCE WITH COVER SHOTS OF KIM, NOAH, JESSICA....AND END WITH SEVERAL .HOMES

JESSICA:

This poem is called, I Have a Secret.

I have a secret that I need to tell.  
I just want to scream out at the top of my lungs.

It keeps coming but it needs to come out.  
I need to be heard.

But will they understand what I am going through?  
What will they think of me once I tell it?



Will they think that I am a freak?  
Will they think that I am not normal?

That I am just making this up for attention?

These questions just keep running through my head,  
But it's hard to keep (inaudible) being so different from everybody else

It kind of makes me feel like I don't fit it.  
Like I don't belong here.

People have asked me if this is real, that I am not just making this up.  
But no, this ain't a dream.

And I tell them that this is real.  
This is very real.

It's as real as it gets.

END ON TITLE CARD AND HOME

**"IN EVERY FAMILY"**

**FTB**

**CREDITS**