

PREGNANT SCRIPT FINAL

MUSIC 1953

1953 movie GRAPHIC

SOCIAL – SEX ATTITUDES IN ADOLESCENCE

“Teenagers differ greatly in the development of their social-sex attitudes. They are influenced by many factors such as parental attitudes, and guidance, behavior and attitudes of friends, and the customs of the community in which they live

We SEE the class at South Valley Academy. CREDITS run as we HEAR and SEE:

Female: This is the game of Concentration. No repeats or hesitation. Topic is...

Female: Um, birth control?

Female: Condoms.

Female: Female condom

Female: Pill

Female: Diaphragm

Female: NuvaRing

Female: Abstinence.

1952 movie

Mary: Where is the baby, mommy? Why won't it come?

Mom: It's right here, dear.

Teacher: Okay, so one of the things we've been talking about here is teen pregnancy and how high it is in New Mexico. Why do you guys think teen pregnancy is so high? Cindy.

Cindy: Because parents don't talk to their children about sex as much.

Teacher: And why do you think teen pregnancy is so high in New Mexico?

Female: The lack of education of contraception in teens.

Teacher: Definitely. Those are two really big reasons. So, what we're going to do today so that we can spread more knowledge to our community is how would we like our parents to talk to us about sex, as young people, what would be the best way that your parent could talk to you about sex?

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TAKE TITLE CARD FULL "PREGNANT: Preventing Teen Pregnancy"

Teacher: Okay, we're going to go ahead and start the selfie movie. Go ahead and take out your cell phone, and I want you to pretend that you are your parent talking to you about sex.

STUDENTS SELFIE MOVIES:

Hey Johnny.

Hey Vanessa.

QUIRKY MUSIC

OK Cindy.

This is your dad here.

This is your dad.

Can I talk to you for a minute.

We're gonna have the talk.

LAUGHTER

I just wanted to talk.

You're at the age where.

I just want to know if you know anything about sex.

Talk about sex with you.

See if you have the right information.

Make sure you're making the right decisions.

I don't want you to end up pregnant or to get any STI.

So please come to me before you talk to anyone else.

I just need you to be careful with the decisions that you're making.

You know that if you want any birth control or anything, you can ask me and we can take you to the doctors.

QUIRKY MUSIC

FILM STRIP SOUND EFX

1953 MOVIE

NARRATOR: At about 12 and a half, Mary reached puberty. Around this time she found that her friends wanted to talk about sex.

GIRL: We opened the door and there she was lying in bed. (laughter)

NARRATOR: Some of them got most of their information from off color jokes that they really didn't understand.

GIRL Does kissing have anything to do, I mean, about having babies?

POETS

PREGNANT SCRIPT FINAL

How to talk about sex, bodies, babies, choices
Isn't the usual dinner convo had around the family table
Not the usual lesson plan assigned by teacher, chalk marked with the courage to speak
and hear truth
Not the common Christmas greeting card from Grandma or News Letter sent home from
school.

QUIRKY MUSIC

STUDENT SELFIES:

Hey Richard, it's your dad.
Jackie, you're at that age now.
I wanted to talk to you about STD's,
The talk is about sex.
sex,
It's better to tell you now.
And I want safe sex to be the most important to you.
Before it's too late.
I don't want you to be a child having a child.

QUIRKEY MUSIC

1953 MOVIE

Mom: Alan, I'm worried about her. She's getting so silly over the boys. You should hear her on the
phone.

Dad: I have. But what worries me even more is the way she goes out dancing at these juke joints. She's
got nothing in her head but boys, boys, boys.

Mom: I'll have to talk more to her about how to have fun with them without being silly.

Dad: Well, I guess she'll just have to learn by experience how to look after herself

ALFADIVA

I got pregnant when I was 15 years old. I had her by the time I was 16. It's been a
rollercoaster.

CASSI

I was 15 when I had my son. I wasn't planning on it.

CARLA

I was super tired. I was nauseous all the time. So the pregnancy was like horrible.

LUIS

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We did talk about birth control and all that stuff, she said that she was on the birth control and everything. Even if she was on the pill, it messed up, so we still ended up with a kid.

TANIA

We were using birth control, we were using condoms, but I guess something went wrong and I was 14

NATURAL SOUND:

Girl: How are you today?

Dr. Espy: I'm great how are you doing?

Girl: I'm doing good.

DR. EVE ESPY

There's a much higher percentage of teens who use contraception when they have sex. So about 90% of teens who have sex are using a contraceptive.

But most of those teens are using short acting methods that are not very effective, like condoms and birth control pills. Condoms are great at preventing sexually transmitted infections but they're not great at preventing pregnancy. A really high typical failure rate at a year about 18%. So about 18% of teens who use condoms will become pregnant, uh, in a year, using just that method. For birth control pills it's about 8%, so eight of that 100 women will get pregnant.

Girl: So my boyfriend and I are thinking about becoming sexually active. But we're definitely not ready to have a kid. So what should we do to prevent that?

Dr. Espy: Well let's talk about some contraceptive methods.

DR. ESPY

So the answer is really the long-acting, reversible methods. With IUDs and implants it's 1% or less. So 1 out of 100 women will become pregnant using those methods. And the implant is actually the most effective reversible method. What's so great about them is it's a forgettable method. There's nothing that teen has to do. It's an in-office procedure. It's a small bit of anesthetic in the arm that's delivered by a needle. It's literally a second and then that implant is placed into the upper arm. The girl doesn't even feel it. That's literally a less than one minute procedure.

The IUD is a little bit more of a project. It's a pelvic exam. Reversible means that if that teenager wants to get pregnant, or if she just doesn't like the method, it can be removed. Um, the removal is also an in-office procedure. But if that teen wants to get pregnant, let's say two years later and that method actually lasts for five years, she can become pregnant as soon as the, the implant or the IUD is removed.

FILM STRIP SOUND AND MUSIC

1953 MOVIE

PREGNANT SCRIPT FINAL

Dad: What's the matter with her?

MOM: Oh, she's just growing up dear.

Dad: Well, hadn't you better have a talk with her?

Mom: Well, yes dear, but I don't think this is the time. When she wants to ask questions, well, I'll try to be ready with the answers.

POETS

To talk about it is to speak of

The arithmetic of the heart, the anatomy of sex, the multiplicities of the sexual self.

The origin stories, the queries, the Q, the quagmires of questions.

Gender, beauty, body, shame-game,

Relationship rights and wrongs.

Pregnancy.

CUT TO INTERIOR RAMOS HOME PLAYING WITH THE BABY,

We HEAR Mrs. Ramos in Spanish and then the English translation:

RUTH RAMOS

I believe I did speak to her about it. I don't believe, however, that it was enough. We spoke a lot about sex, but it wasn't enough in detail.

TANIA

I was in school, in my freshman year...

RUTH RAMOS

The fact that she was so young, I believed that she wasn't going to be sexually involved with...no, that was my mistake.

TANIA

Telling my mom was the hardest thing I've ever done in my life. Because we all wanted me to be successful and no kids or to like enjoy my, I guess my childhood still.

RUTH RAMOS

That day was very very ugly day. It was the last thing I ever expected to hear from my child. The last thing I ever expected for my child to be pregnant.

CELL PHONE SFX

QUIRKY MUSIC

STUDENTS SELFIE MOVIES:

Parents here's what you need to do: You need to build up a trust with your children at a young age.

And the best time for my parent to talk to me about safe sex would probably be in the car as we're coming from a store or something because there I wouldn't walk away from them.

MUSIC

ALFADIVA

Let's go down the slide. One. Two. Three.

DR. BRENDA PAREDA

New Mexico is a predominantly, you know, ethnic state with a large percentage of Latino population, and when we look at that, we have to look at the cultural background that that infuses into the problem of teen pregnancy.

DAVID BRYANT

Um, it's definitely a taboo topic for a lot of our families. It's not something that a lot of parents are comfortable speaking about. So in terms of having students feel very comfortable approaching their parents with the questions, um, it could be a big issue,

DR BRENDA PAREDA

Embedded within the whole problem are, are these little health disparities and these inequities. You're going to look at lack of education, lack of access to health care, which are really the drivers in teen pregnancy.

DAVID BRYANT

Access is definitely an issue. I know that most of the parents are... are not very open in terms of providing access to, to kids for obvious reasons and I think kids are obviously not very, um, prone to asking their parents to take them to a clinic.

DR BRENDA PAREDA

Historically, we've had our families really young. Historically we've had communities helping to rear the children, but we're not doing that anymore. We can't provide the same level of, uh, support to the young woman.

DAVID BRYANT

Growing up Mexican American myself I think there's definitely a dichotomy between what is presented and what is expected. I would say that in the Mexican culture for sure there's a lot of machismo to this day within a lot of the families that, you know, kind of percolates.

DR. BRENDA PAREDA

And they don't want to be putting themselves out there as sexual beings when they can't even do that in their own family. And so imagine that.

DR EVE ESPY

Well, think about it. Would you want to talk to your mother about sex? It is interesting that we think that parents should be so involved in sex education. When you think about it, very few, uh, children want to talk to their parents about sex.

DR BRENDA PAREDA

And so the best, easiest solution is to do this wherever they are in school. And so, it's a no-brainer.

SCHOOL BELL RINGS

POETS

Attention boys and girls

Boys and girls are made by boys and girls

The birds and the bees

And a cavernous need to be loved by someone

End of lesson

TEACHER: So, raise your hand and tell me what does a healthy relationship look like? Hannah?

Student: You have to trust each other.

Teacher: Ok, Sara.

Sara: Mutual respect.

Teacher: What does it look like?

Female: Having healthy boundaries.

Teacher: Good. Healthy boundaries. Allie?

Female: Um, you have to have trust in each other.

Teacher: Okay, trust. Good. What does a healthy relationship look like to you?

Female: Being able to communicate.

Teacher: Being able to communicate with each other. Good

1953 Movie

Mary: Jack, please don't do that.

Jack: Don't act like an iceberg all your life. Look, we love each other, don't we?

Mary: Take me home!

Narrator: Now Mary began to realize what her mother had meant all these years. Through her own experience Mary was developing a sound idea of what love should mean in her life. It was not what Jack offered.

JESSICA

I was honor student, um, very active in my school. Um, I was with my boyfriend for about a year. We never really talked about like, what could happen, the consequences. Um, so, I become pregnant at the age of 14.

CUT TO DONA ANA COUNTY THINK TANK

JAIMIE MICHAEL

Teen pregnancy and the prevention of teen pregnancy and teen births is definitely a priority for our county. So I'm very pleased that we're able to have this event here today, and I'm grateful that all of you are here to be the voice of Doña Ana County, to talk about the issue.

FEMALE How should you talk to your partner about these things?

FEMALE: Snapchat. It's embarrassing. So maybe texting or Snap Chat..where I don't have to look at them in the face.

MALE:

I think what's coming through the media to kids, like the Cialis ads. We have a friend who had a fourth grade boy. He came running out in the kitchen and said to his mother, "What's this thing with this four hour one?"

FEMALE:

I think that's really important for kids to talk about commitment and talk about like what do I want from you and what do you need from me?

FEMALE:

Part of the conversation has to be consequences.

DR EARL NISSEN

We started off by deciding that the abstinence-only curriculum in the Las Cruces schools was not appropriate. Because this county in 2005 was number one in the state of New Mexico, making it number one in the US of A, in the number of teen pregnancy births. A year later, our school-based health centers were active, and we got the board to adopt a policy that they could do family planning out of the school-based health centers in the high schools. And those two factors, I think are the biggest things that have contributed to a 50% decline in the teen birth rate since 2007. The 15- to 17-year-olds.

CUT TO INTERIOR OF DR. BULLOCKS OFFICE WITH THE VISIT

GRAPHIC: SCHOOL BASED HEALTH CENTERS

DR. CARLETTA BULLOCK

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Great. Relationships are so important. And so, I'm guessing that you really like him.

Jasmine: Well, I like him a lot, and I'm confused as to what the next step will be. But I can see myself having a family with him someday.

Dr. Bullock: Ah, how wonderful.

Dr. CARLETTA BULLOCK

The state of New Mexico has laws that allow for confidential services for a list of services that include family planning services. For all ages. We're able to provide what I consider the four Cs in terms of youth-friendly services. Confidentiality: absolutely strict. Comfort: we're meeting the student in his or her comfort zone. Convenient: we're located on campus so there's no access problems. And cost: we're able to provide free services. These are at the school-based health clinics that are providing family planning services as an outreach program from the New Mexico Department of Health.

NATURAL SOUND

Dr. Bullock: Someone like you who really wants to concentrate on your schooling.

DR. BULLOCK:

We have ages from middle school all the way through high school.

NATURAL SOUND

Dr. Bullock:

We've talked about confidentiality, and whatever you say here stays here. I've encouraged you to involve your parents in your decision-making, but I leave it to you. Now, I want to go over all the specific methods, ...

DAVID BRYANT

I think it's about time that we spread the message that it's okay to talk to your kids, it's okay to have conversations that make you feel uncomfortable because unless we do have those conversations then nothing's gonna change.

GRAPHIC: PLAIN TALK PROGRAM

ALEJANDRA OCHOA

The Plain Talk program is a program aimed at helping parents start the conversation with teenagers. We do what are called home health parties. We go over anatomy, physiology, we go over birth control, we go over SDI's and how to actually talk to the teens.

POETS

But it has only begun, because sometimes when we are young we run with recklessness,

We talk about making love, but never about making babies.

Unless babies make us talk about them.

PREGNANT SCRIPT FINAL

Or we just didn't know,
 Or we wanted to know,
 But didn't know who to ask, We talk about each other.
 Or how to ask, But never to each other.
 Or had no one to ask,
 Or had no one.

ALFADIVA

Why it never dawned on us that this was a possibility that I could get pregnant, I don't know why. So for the most part, no, we didn't use safe sex.

DAVID BRYANT

I think parents need to know that, you know, with this new generation and with the access to social media and how easy kids can get access to videos online and just false information.

TRANSITION WITH LOTS OF FINGERS ON SMART PHONES TEXTING

HEATHER METCALF

A lot of times, teenagers are going on the internet to look for information that they might need about their bodies or teen pregnancy, contraception and there's a lot of mis-information on the internet.

GRAPHIC:

BIRDS AND BEES TEXTING SERVICE
 Text NMTeen or NMParent to 66746

Birds and bees is a texting service that the New Mexico Department of Health, Family Planning has adopted as the teen pregnancy prevention component. Teens and parents across New Mexico can text questions that they might have about health, relationships, puberty, sexuality and get a medically accurate response.

STUDENT SELFIE:

New Mexico Parents are you ready when they ask (repeat in Spanish)?
 If so, you can call (repeat in Spanish) Birds and the Bees.

HEATHER METCALF

So once you text a question the health educator will respond within 24 hours.

STUDENT SELFIE:

OK Mike, this is your Dad. I want to talk to you about your girlfriend.
 I have a couple questions for you. Do you want to have children or do you want to wait till you're older? If you had a baby, could you take care of it?

CARLA

I would get up at five in the morning to get myself ready, get my daughter's diaper bag ready, take a shower, get breakfast ready, drop her off with the babysitter, then come to

PREGNANT SCRIPT FINAL

school at 9 am and then I would be in school 'til 5 pm, sometimes at 6. And a few times during the week I would work from 7 to midnight and I would definitely work like Saturdays.

STUDENT SELFIE:

If you had a baby, could you take care of it?

CUT TO ALFADIVA COMING IN TO THE GROCERY STORE PEPPERS STORE

ALFADIVA

Financially it's been tough. Babies cost a lot. Especially girls, everything from diapers to shoes, especially with formula.

So I used to use a Gerber soothe and this was just because she was super colicky and fussy. So the doctor recommended this one and it actually helped a lot. And um, I mean the price for this is what, \$18.99. \$17.99 a can. And WIC would only give me nine and she would go through like 13, 14 a month. So I would have to buy the extra ones.

GRAPHIC FORMULA \$18 X 5 \$90 PER MONTH

So, \$11 for 24 diapers that you're going to go, what, use like in a week, baby? Yeah. It's okay, huh babe. And then we'll get you some wipes. These? All right, are you ready? OK let's go.

GRAPHIC DIAPERS \$11 X 4 \$44 PER MONTH

So I usually come to the store at least twice a week, um, whether it's for food, diapers, or wipes, and I usually spend around forty dollars each trip. So you're talking honestly like \$80 a week. Thank You.

GRAPHIC \$40 X 2 \$80 PER WEEK X 4 \$320 PER MONTH

TANIA Like financial wise. Oh my gosh, that's like the worst part. Cause he goes through clothes really fast. Because they're growing! Because he's huge now! And like, throughout my pregnancy I was like, oh, he's going use this till he's like six months. Oh, he went through like within a week. He got big really fast. They use a lot more than you think they do. A lot more!

POETS

This positive plus sign that indicates life will be changed forever more
Gender prescribed colors, baby clothes and a farewell to this youth, my youth,
Friends and family clicking their tongues, pointing their eyes like fingers at my growing belly

TANIA

I did not tell anybody 'til I was five months pregnant when I was already getting tubbier. And, everybody's reaction was I guess judgmental in a way.

JESSICA

It was very hard. It was very hard. I felt like, people looked down on me? She's a teen mom. She's bad news.

I continued to go to school. My mom was like, you're not going to drop out. And that's something that I didn't want to, either. So, I stuck it out. There's a daycare through through the school.

ALFADIVA

I was a sophomore when I got pregnant. And I actually dropped out for about two or three months when I got pregnant because I was so embarrassed, basically. I decided to try to get my GED, but I went to the superintendent I believe that had to sign off on it, and she said, no way. She's like, you can do it. This is not a reason for you to drop out. So honestly, because of her, I think that's why I went back to school, and I ended up graduating with my class. I was involved in the grads program. It was an awesome program. I learned so much.

GRAPHIC GRADS PROGRAM

JEANNE JOHNSTON

GRADS stands, stands for Graduation Reality And Dual Skill. It's an in-school for-credit class for expectant parenting teens, for both male and female, and focusing on high school graduation.

DANIELLA The grads program helped us a lot. They get our classes together, they complete our credits.

JEANNE JOHNSTON For the 13-14 school year there were 513 teen parents involved in GRADS and 27 sites across the state, and over the past 25 years, we have impacted 15,800 teen parents.

DEMITRI And now that we have kids, GRADS teaches us about like specific things that you would need to teach your little ones.

(USE **GRAPHIC** GRADUATION RATE TEEN MOMS NM GRADS 77%, NATIONWIDE 50%)

JEANNE JOHNSTON The graduate rate for teen parents who are enrolled in the GRADS program is 77% compared to the national average of about 50% of those teen moms who aren't in GRADS.

DANIELLA It helps us go farther in life and make good decisions instead of getting pregnant again.

JEANNE JOHNSTON They encourage them to finish high school and postpone a second pregnancy.

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(USE **GRAPHIC** “REPEAT BIRTHS FOR TEEN PARENTS NM GRADS 3.4%,
NATIONWIDE 17% NEW MEXICO 18%)

In the GRADS program, 3.4% of teen parents had a repeat pregnancy last year.
And the national average is 17%.

1953 MOVIE

NARRATOR: Mary and her gang were going through the hangout stage. They liked to be in a crowd. When you're not sure how to act or what to say, you can hide your confusion in the general hubbub. A girl has to look as though she knew her way around, be more sophisticated than she really is.

CASSI

It would have helped. Definitely if my peers would have talked to me, because, um, well, I was hanging out with the wrong crowd, too. So that had a huge impact and they were all having unprotected sex and so that was just like the norm, you know. And I was like, no one's getting pregnant, so, you know. But soon after I got pregnant like two of my other friends got pregnant.

GRAPHIC: SOUTH VALLEY PEERS IN ACTION

Student: So basically yes, you could get pregnant the first time you have sex because even though it's the first time, sex is still sex. It doesn't matter if it's the second time or the first time, you could still get pregnant.

KRISTEN KOFFMAN

South Valley Peers in Action is an afterschool program. Uh, we meet once a week for an hour and we do activities. We talk about different ways to deliver curriculum, um, about sex ed to younger kids and then also their peers in high school.

Student: Anyone else?

KRISTEN KOFFMAN

We have a sponsor from Planned Parenthood who comes every week and they're the expert on the sex ed portion of it and like the material the kids teach, uh, but the kids themselves develop the games and the activities that they do with these students in the classroom.

LALITA RUSS Our educators go into schools and work with groups of young people who self-select to be part of the peer education program. They train them to be educators and to be teachers themselves.

Student: Okay, so there are different kinds of birth control methods you could do, um, to prevent pregnancy and this is one control method...

KRISTEN KOFFMAN

PREGNANT SCRIPT FINAL

I think that young people are more receptive to hear this type of information from their peers. They're more relaxed, they're more comfortable, they listen more when it doesn't come from an adult.

Student A lot of people are familiar with the male condom but many are unfamiliar with the female condom...

1952 MOVIE

NARRATOR: Bob was growing up too. He knew about the reproductive organs and nocturnal emissions. He knew that the healthiest life for him was to have plenty of exercise and fresh air. Until one day when Bob was 16. It became apparent that his interest in girls was getting to be more than casual.

DAVID BRYANT

It's important for young men to hear from their fathers, from their grandfathers, from their uncles, their cousins, their older brothers that what defines you isn't necessarily having sex.

BARRY McINTOSH

We have to figure out what does macho mean to them? What does empowerment meant to them?

STUDENT SELFIE MOVIE

Hey, it's your dad.

Hey Isaac, I want to talk to you about my daughter. If she gets pregnant I hope you have room for her at your house. If you're man enough to have sex with my daughter, your man enough to take care of her and her baby.

GRAPHIC: YOUNG FATHERS OF SANTA FE

BARRY MCINTOSH

We need to have the conversation with our guys saying, "what are you going to do in this situation. What do you want to have? What's your plans for your life?"

LUIS

They need to talk about it before they get in bed with the other person. They really need to discuss what could really happen, and just to see you know, where their relationship stands, you know what I mean?

BARRY MCINTOSH

Once we understand that male is a culture and how we can reach males, understanding their culture, then I think we can uh really diminish a lot of that macho-ness and the boy code or the man code.

LUIS

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Think about it this way. Is this really the right person you really want to sleep with. Because anything can go wrong. Trust me. Anything can go wrong. And you can have a kid with her.

GRAPHIC: TEEN OUTREACH PROGRAM Los Lunas

KIMBERLY STANEK TOP is one of our positive youth development programs and it means Teen Outreach Program. It builds on life skills, healthy behaviors

NATURAL SOUND

Teacher: So one of the things that we did is the Children's First

KIMBERLY STANEK: And a sense of purpose for youth so that it can reduce risk behaviors for teens.

Student Girl Singing: Hello, I've waited here for you.

MUSIC

GRAPHIC TEEN OUTREACH PROGRAM Deming

So, do you guys want to share why do you think some of our kiddos in our community are becoming pregnant at such a young age, or being sexually active at such a young age?

Student: They feel pressured.

Teacher: Pressured? Pressured by who?

Student: By their other person.

Teacher: So their boyfriend or girlfriend.

KIMBERLY STANEK The Teen Outreach program kind of gets to the core of things, so it's looking at self efficacy, building self esteem and self confidence, making sure that teens know that they have options, and that they can set healthy goals and make healthy decisions.

Teacher: Do you think um people your age are ready to be sexually active?

Group: No.

Female: We're barely kids ourselves.

POETS

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Maybe it was only sex, maybe love
But I had never felt so wanted, needed
Held close heart to heart with real intimacy
And now there is another heart beat
Close to mine beating a rhythmic reminder

TANIA

I have my parents to help me a lot, I don't know what I would do without them.

CARLA

I look back and I don't know how I've done it, to be honest.

CASSI

I stayed in school, went to college afterwards, I'm still in college. Definitely harder in college with my son.

ALFADIVA

Like the late night feedings and still having to wake up early the next day to go to school, so that was hard.

TANIA

Sometimes I feel bad, I'm like sometimes, I should stop school. But then I think to myself, I'm like, no. That's what's going to get you somewhere in life. I'm not going to scrub toilets for the rest of my life because I don't have my high school diploma.

CASSI

I go to school at UNM, studying psychology. And I want to become a counselor.

CARLA

I'm finishing my degree in accounting. I'm applying for the master's program.

ALFADIVA

Right now, I'm currently in the police academy.

JESSICA

Um, as a mother of a ten year old little girl, I have started talking to her about sex. Not actually saying sex but she knows I was 14 years old when I had her. You know, she knows that her dad was 15 years old when he had her. She's like, mom, I don't want to be 14 and having a baby.

1953 MOVIE

PREGNANT SCRIPT FINAL

Bob and Mary had a healthy attitude toward one another as man and woman that was built up step-by-step since childhood. Now they're on their own.

FILM BURNS TO BLACK

FADE UP ON CREDITS

Adults:

I've heard a lot of parents of young men that talk about the car or the vehicle being a great place for a conversation because there's no direct eye contact with their parent.

Ask them, you know, what are your friends doing or what do your friends think about this. I know my daughters have opened up a little bit more because it's not about them.

I think it has to be an ongoing conversation.

We have got to overcome our awkwardness because our kids are suffering. I think the most important thing is that parents should be honest with their kids.

Here's all the condoms, here you go guys, I'd rather buy all the condoms than diapers.

You know sex is on TV all the time. So I think that parents should kind of make the best of that and turn that into a conversation starter, using the characters and faces that they already know from the television.

I knew that I wasn't going to stop her, but I wanted her protected, and I wanted her well informed, most of all.

I was never taught, like my parents didn't talk to me about it, you know. I learned on the street like everybody else.

FTB